



ROBERTS EYECARE

InSight

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Contact lens overwear

Contact lens overwear syndrome or contact lens acute red eye (CLARE) occurs when there is overuse and/or abuse of contact lenses. Contact lens overuse/abuse usually occurs when patients overextend contact lens wear time, do not dispose of the lenses at the appropriate time interval, sleeping in lenses or use a non-approved cleaning

solution. Contact lens abuse can lead to corneal ulcers and possible permanent decrease in vision. Symptoms of CLARE are -- severe pain upon waking, tearing, light sensitivity, redness and decreased vision. This condition can be treated with eye drops and discontinuing of contact lens wear for a period of time. After the episode resolves, the doctors at

Roberts Eyecare will determine whether further contact lens wear is appropriate by decreasing wear time, or switching to a different type of lens.

February is AMD Awareness Month

Symptoms of cataracts:

- Blurred or hazy vision
- Glare or haloes around lights
- Colors appear dull or washed out
- Difficulty reading in dim light

Age-related macular degeneration (AMD), is the leading cause of vision loss and blindness among Americans who are age 65 and older. AMD is a disease of the macula, which is the part of the retina responsible for the sharp, central vision needed to read or drive. About 1.75 million U.S. residents currently have advanced AMD with associated vision loss, with that number expected to grow to

almost 3 million by 2020.

Risk factors for developing AMD are aging, obesity and inactivity, heredity, high blood pressure, smoking and lighter eye color. Age-related macular degeneration usually produces a slow, painless loss of vision. Early signs of vision loss from AMD include shadowy areas in your central vision or unusually fuzzy or distorted vision.

The doctors at Roberts Eyecare can often detect early signs of macular degeneration before symptoms occur. Usually this is accomplished through a retinal exam which may include dilation of the eyes.