



ROBERTS EYECARE

InSight

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Daily Disposable Contacts...an Affordable Option

Almost all of our patients who wear contacts rely on disposable contact lenses for the ultimate in eye health, clear vision, and convenience. Two week or monthly disposable contact lenses have been used in most cases because they provide a good balance between the benefits of disposable lenses and yearly cost. Recently, the cost of daily disposable contact lenses have come down to a level where they are competitive with the other

replacement schedules. When the savings of not using contact lens solutions is figured in with the year's supply of the lenses themselves, many of our patients are surprised to find out that the convenience of a fresh lens every day is within their budget.

Dr. Ted Bryant from Roberts Eyecare is pleased that we are able to offer our patients a premium product that offers tremendous benefit and convenience, "Almost all

of my patients who try daily disposable contacts for a week would never think about going back to a lens that they need to clean and reuse. The convenience of a new lens every day as well as the comfort of a lens that has not been soaked overnight in chemical disinfectant really offers amazing comfort. Daily disposable lenses are especially beneficial for kids and teens, who may not clean their lenses properly."

August is Cataract Awareness Month

Symptoms of cataracts:

- Blurred or hazy vision
- Glare or haloes around lights
- Colors appear dull or washed out
- Difficulty reading in dim light

Cataracts are the leading cause of preventable blindness worldwide. Most people have heard the term "cataract," but what exactly is it? Contrary to popular belief, a cataract is not a film that forms over the front of the eye, although it sometimes feels that way. A cataract is actually a clouding of the eye's natural lens, which sits inside the eye and directly behind the pupil (the hole in the center of the colored part of the eye). All of the light that passes

into the eye through the pupil then focuses through the lens. Resembling a tiny clear plastic bag filled with a jelly-like material, the lens is responsible for focusing the image onto the retina. A cataract forms when the clear, jelly-like material inside the lens begins to yellow or become hazy. Trying to focus light through this hazy lens is like looking through a foggy windshield. Bright lights create glare, and the image is blurred, hazy,

and colors appear washed out. For early cataracts, changing the prescription in your glasses will often improve the quality of vision, and ultraviolet protection while outside in the sun may help to slow down the progression of the cataract. Once the cataract becomes cloudy to the degree that new glasses do not improve vision, surgery may be an option to restore quality to your vision and your life.